

## What to expect:

Appointments available within 7-10 business days

A one-hour assessment with an occupational therapist specializing in ergonomics

Detailed assessment of the workstation layout, equipment, work tasks, work postures and physical symptoms

Assistance to adjust existing equipment to achieve best possible fit

Employee education regarding optimal ergonomic set-up and work postures

Provision of ergonomic handouts including a step-by-step workstation set-up checklist

Timely reporting of results within 5 - 7 business days of the assessment

A detailed ergonomic assessment report outlining findings, risks identified, and recommendations

Recommendations that are practical, feasible, and evidence-based

Equipment recommendations that include detailed specifications

## Fees:

Please Contact us for a quotation

Discounts are available if multiple assessments are scheduled

## To Schedule:

Contact us by phone or email

**204-338-0601**

**info@workablesolutions.ca**

## Follow-up Services:

Follow-up services, including new equipment set-up or reassessment, are available for an additional fee



**Work-Able SOLUTIONS**

Occupational Therapy Consulting Services

**SOLUTIONS for Living and Working Well**

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