

Service Description: One-Day Functional Capacity Evaluation

Functional Capacity Evaluation:

A Functional Capacity Evaluation (FCE) is an objective assessment of an individual's ability to perform work and measures physical tolerances for a variety of work and daily activities. The FCE measures whole body function including components such as range of motion, strength, sensation, hand coordination, balance, cardiovascular fitness, lifting, carrying, pushing, sitting, standing, walking, climbing, kneeling, squatting, reaching and bending.

The One-Day FCE includes:

- ✓ A full day of clinical assessment
- ✓ Musculoskeletal assessment with a Physiotherapist
- ✓ Functional and work capacity testing with an Occupational Therapist
- ✓ Objective and standardized test procedures to ensure reliability and safety
- ✓ Measures of test validity and a systemized approach to determine if whether maximal and consistent effort was obtained
- ✓ A comprehensive report outlining abilities and limitations, overall work capacity, specific work tolerances, answers to the referral question(s), and recommendations

One-Day FCE Fee: \$1700

When to consider the One-Day FCE:

- You would like a snap-shot of overall work capacity, whole body function and work-readiness behaviours
- You would like to determine an individual's ability to perform critical demands of a specific occupation
- You require information to help move forward with return to work or rehabilitation planning



FCE's at Work-Able Solutions:

- We utilize a multidisciplinary approach (occupational therapy and physiotherapy), which increases the range of specialized assessment skills applied during the FCE
- Our therapists have over 15 years of experience, have specialized training in functional capacity evaluation procedures, and are able to effectively manage complex rehabilitation cases
- Our report is organized in an easy to read format with critical information presented clearly and concisely
- FCE's are conducted at ***Riverbend Physiotherapy and Sports Injury Centre***

To Make a Referral:

Contact Work-Able Solutions by phone, fax, or email at elaine@workablesolutions.ca

The following referral information is required *two weeks* prior to the assessment:

- ✓ Referral form or letter with specific questions that you wish answered
- ✓ Medical information detailing the diagnosis, medical test results, medical/rehabilitation treatment history
- ✓ Attending physician information must be provided: a medical release to participate in testing may be required in certain circumstances and you will be advised if additional fees apply for this
- ✓ If testing is to indicate a job match: a job description and physical demands analysis is required

Please Note: contraindications for an FCE include one or more of the following:

- Unstable medical condition or recent surgery
- Substantial psychiatric or behavioural issues
- Non-compensatable medical co-morbidities which preclude the individual from working
- Communication barriers/concerns that may prevent the understanding of instructions and interpretation of reactions during an FCE
- Recently undertaken FCE

Please contact us for more information on this and other services: www.workablesolutions.ca