

Service Description: Brain Injury Rehabilitation Program

Work-Able Solutions provides occupational therapy services to individuals who have an acquired brain injury (ABI) resulting from trauma or illness (such as stroke). Our approach combines evidence-based methods with a philosophy of community-based rehabilitation. Our therapists are trained to recognize and address the complex combination of physical, cognitive, emotional, and behavioural changes that can occur following ABI.

Rehabilitation Assessment

Occupational therapy assessment includes evaluation of: cognitive and physical function, and ability to perform daily activities. Assessment is an important part of the rehabilitation process as it allows the occupational therapist to:

- Develop rehabilitation goals
- Track progress and establish whether treatment has been effective
- Determine an individual's ability to live independently and what supports may be required
- Determine when an individual is ready to return to work

Rehabilitation Treatment

The main goal of rehabilitation following brain injury is to restore function and independence in daily living, and to help the individual regain the skills most of us take for granted.

Rehabilitation treatment is designed to:

- Enhance independence in the home and community
- Develop strategies for managing changes in behaviour
- Provide support for emotional changes
- Provide education to the injured individual and family/caregivers
- Use technology or special equipment to accommodate for changes in function



Return to Work

The occupational therapist can:

- Assist to develop employment skills
- Determine when return to work is appropriate
- Conduct an evaluation of the work environment and job duties
- Coordinate and monitor work experiences, volunteer work placements, and return to work programs
- Provide education to employers, supervisors and coworkers
- Develop strategies or use specialized equipment to overcome functional limitations at work

Teamwork

We believe that successful rehabilitation following injury requires a team approach. Our therapists will arrange for assessment or specialist services with other programs and professionals with expertise in the field of ABI rehabilitation.

Please contact us for more information on this and other services: www.workablesolutions.ca