

Service Description: Return to Work (RTW) Readiness Assessment

Goals of the RTW Readiness Assessment:

- Facilitate planning and implementation of a safe and successful return to work program
- Establish baseline physical and functional work abilities
- Determine specific work restrictions
- Identify the need for additional rehabilitation

The RTW Readiness Assessment Includes:

- Three-hours of clinical assessment
- Musculoskeletal evaluation with a Physiotherapist
- Work capacity testing with an Occupational Therapist
- Objective test methods and measures
- A report outlining maximum work strength level, physical work restrictions, proposed return to work schedule, and recommendations regarding work site and work practice modifications
- Assessment conducted at ***Riverbend Physiotherapy and Sports Injury Centre***

To Make a Referral:

- Contact Work-Able Solutions by phone, fax, or email, at elaine@workablesolutions.ca
- The following information is required *two weeks* prior to the assessment:
 - ✓ Referral form or letter with specific questions that you wish answered
 - ✓ Medical information detailing the diagnosis, medical test results, and medical/rehabilitation treatment history
 - ✓ Attending physician information must be provided: a medical release to participate in testing may be required in certain circumstances and you will be advised if additional fees apply for this
 - ✓ The job description and physical demands analysis

RTW Readiness Assessment Fee: \$750

Please contact us for more information on this and other services: www.workablesolutions.ca

